

2022 Physical Activity & Public Health Practitioner Course

This course will provide practitioners with the skills and knowledge to develop and evaluate community-based physical activity initiatives.

COURSE INFORMATION

The 4-day course will be held at the Hilton Columbia Center in Columbia, SC from September 17 to 21. Course participants will arrive September 17 and attend a dinner and evening program. September 21 will be a travel day. Before arriving in Columbia, course faculty will deliver three webinars to provide background content and prepare participants for the course. The course emphasizes one-on-one and small group interaction and applied experiences with leading experts and fellow participants.

COURSE PARTICIPANTS

The course is designed for practitioners who are involved or interested in community-based initiatives to promote physical activity. In past years, course participants have come from diverse sectors and backgrounds, including public health settings; state and local coalitions; local, state, and federal governmental agencies; Cooperative Extension Systems; pedestrian, cycling, and transportation agencies; and parks and recreation.

COURSE TOPICS

Topics covered include public health models for physical activity promotion,

physical activity and health equity, epidemiology/needs assessment, “best practice” and evidence-based intervention strategies, policy and environmental supports for physical activity, program evaluation, partnership development, and current research on physical activity promotion. Participants will develop a plan and receive feedback for a project in their own community.

COURSE FACULTY

The course director is Sara Wilcox, PhD from the University of South Carolina. Faculty consist of national leaders in physical activity research and practice and include:

- **Amy Eyster, PhD** – Washington University in St. Louis
- **Mark Fenton, MS** – Tufts University
- **Andy Kaczynski, PhD** – University of South Carolina
- **Jay Maddock, PhD** – Texas A&M University
- **Jennifer Roberts, PhD** – University of Maryland

COURSE HISTORY

The course was first offered in 1998 and has since trained 415 practitioners.



To learn more about the course, the venue, and how to apply, please visit our website:

<https://web.asph.sc.edu/paph/>

Applications must be received by June 1, 2022!

“The opportunity to share ideas with experts across the country was a wonderful experience.”

—Past Participant

“The course was AMAZING and I feel privileged to have participated. I imagine several years from now that I will look back at this as a watershed event in my career. One of the unique strengths of the course was that it was useful to practitioners on very different levels — from newcomers to the field to those who are experts in their own right.”

—Past Participant

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