

COVID-19: Quarantine release times



Bureau of Communicable Diseases
Department of Health Services

I live with someone who was never sick, but was diagnosed with COVID-19



Are you able to have complete* separation from
the diagnosed person in your home?

No



Released from quarantine:

14 days after the diagnosed
person completes a 10-day**

Yes



Released from quarantine:

14 days after your last contact
with the diagnosed person**

*Complete separation means no contact, no time together in the same room, no sharing of any spaces, such as using the same bathroom.



If you get sick, ask your doctor to be tested and please follow the guidance in [“Next Steps: while you wait for your COVID-19 test results?”](#)



** A 14-day quarantine remains the safest option if you are a close contact of someone who has COVID-19. Quarantine may be shortened to 10 days, provided people still monitor for symptoms for the full 14 days. Quarantine may be shortened further to 7 days if a person receives a negative test result (PCR or antigen) that was collected on day 6 or 7.