

COVID-19: Quarantine release times



Bureau of Communicable Diseases
Department of Health Services

I have had close contact with someone diagnosed with COVID-19

Quarantine
release



14 days*
after your last contact with the diagnosed person

***A 14-day quarantine remains the safest option if you are a close contact of someone who has COVID-19.**

Quarantine may be shortened to 10 days, provided people still monitor for symptoms for the full 14 days. Quarantine may be shortened further to 7 days if a person receives a negative test result (PCR or antigen) that was collected on day 6 or 7.



If you get sick, please follow the guidance in the [“Next Steps: while you wait for your COVID-19 test results.”](#)